

Parent Information / Camper Guidelines SUMMER 2010

CONTACT CAMP:	Office Phones – (770) 992-2055 x222 (registrar) & x232 (camp director) FOR IMMEDIATE ATTENTION - PAGER (770) 201-0269
HOW TO DRESS:	- Weather appropriate, comfortable clothing that can get dirty - Sneakers, tennis shoes, gym shoes, trainers, hiking shoes/boots – no hee-ies NO KEENS & NO CROCS - WE MUST PROTECT OUR FEET AT CAMP!!
<p>BRING EVERY DAY:</p> <p>LABEL IT ALL!</p> <p>We reserve the right to discretely label camper clothing if lost items become prevalent.</p>	<p>- water bottle – REUSABLE & LABELED, full and leak-proof when turned over Disposable water bottles get lost & confused easily</p> <p>- towel & swimsuit (or bring underwear and wear your suit)</p> <p>- rain jacket or poncho (or expect a wet kid at the end of rainy days!)</p> <p>- backpack <u>NO WHEELS</u> (to carry it all)</p> <p>- lunch (see next page for details)</p> <p>- snacks (half-day = 1, full-day = 2, after care = 3)</p> <p>PACK SNACKS SEPARATELY FROM LUNCH AND SEPARATELY FROM EACH OTHER – LABEL EACH ONE</p> <p>Please do not pack snacks in insulated lunchbox type containers.</p>
SUN & BUGS:	<p>Sunscreen – apply before you come; we will apply twice more</p> <p>Bug Repellent – apply before you come, we DO NOT apply more (Bug repellent bracelets available at Target or Bed Bath & Beyond.)</p>
NOT ALLOWED AT CAMP:	<p>- NO electronics, trading cards, novels, gum, music devices, weapons, money, toys</p> <p>- NO rolling backpacks, NO cell phones, NO MP3 players, NO exceptions!</p>
MEDICATION:	-By law we are NOT permitted to dispense regular medication to any child.
GETTING SICK AT CAMP:	<p>-Sick campers will be separated from their group and parents will be called</p> <p>-Being sick is the only time when campers may call home during camp</p> <p>-If your child’s illness causes him/her to miss 4 or more days of camp in one week, you may make up the lost days in a later available session. You may purchase days needed to complete a session at a prorated cost.</p>
BIRTHDAYS:	<p>- If your child’s birthday falls during camp, we will help them celebrate</p> <p>- If you bring a snack for your child’s group, please get prior approval from your child’s counselor to be considerate of food allergies</p>
THE POOL:	<p>- Every camper who wishes to swim in the deep end must pass a swim test</p> <p>- The swim test is on the first day of your camper’s first session</p> <p>- The swim test includes treading water for 60 seconds and swimming across the short end of the pool and back without touching the bottom or stopping</p> <p>- If a camper fails the swim test on Monday he/she may request to re-take the test once more later that week</p> <p>- If your child does not wish to swim we offer limited self-directed activities in the shade</p> <p>- If you require that your child use a flotation device, please send it with him/her</p>

LUNCH AT CAMP - *Be a Friend to the Earth*

- Lunches will be stored indoors but not refrigerated.
- Camp will provide a flavored juice-drink during lunch
- In the event that your child forgets his/her lunch, the camp staff will prepare a substitute.

To encourage campers to be a friend to the earth, we publicly recognize and appreciate all campers who have at least one “trash-free” lunch each week.

To qualify as a “trash-free”

- your lunch bag must be re-usable (no paper bags)
- your food must be packed in re-usable containers – no zip-lock bags
- if you have silverware, it must be metal or hard plastic – no disposables
- if you have a napkin, it must be cloth
- your pre-packaged food must be in recyclable containers
 - plastic labeled with a #1 or a #2, aluminum or steel
- notes from home on paper that can be recycled are AOK ☺

Common lunch items that DO NOT qualify as “trash-free”

- pre-packaged chips, granola bars, string cheese, fruit snacks etc...
- individual Pringles™, fruit cups, pudding cups and some yogurt (non-recyclable plastic)
- Lunchables™

Leftover food, apple cores, banana peels and the like do not “count” as trash.

A Note on Lunchables™

Lunchables™ are **strongly discouraged** at camp. Nothing is recyclable and much of the food is thrown away. We will be discussing this at camp as we educate campers about waste-free lunches.

HELP FOR PARENTS

The Laptop Lunch User's Guide: Fresh Ideas for Making Lunches Your Kids Will Love,

Amy Hemmert & Tammy Pelstring

www.cookingformonkeys.com

Bento lunch boxes and great lunch ideas!

www.wastefreelunches.org

Internet Social Networking & Blogging Policy at Camp

In general, our camp views social networking sites (e.g., Facebook), personal Web sites, and Weblogs positively and respects the right of campers to use them as a medium of self-expression. If a camper chooses to identify himself or herself as a member of our camp family on such Internet venues, some readers of such Web sites or blogs may view the camper as a representative or spokesperson of the camp. In light of this possibility, our camp requires, as a condition of participation in the camp, that campers observe the following guidelines when referring to the camp, its programs or activities, its campers, and/or employees, in a blog or on a Web site.

1. Campers must be respectful in all communications and blogs related to or referencing the camp, its employees, and campers including not using obscenities, profanity, or vulgar language.
2. Campers must not use blogs or personal Web sites to disparage the camp, campers, or employees.
3. Campers must not use blogs or personal Web sites to harass, bully, or intimidate campers or employees.
4. Campers must not use blogs or personal Web sites to discuss engaging in conduct that is prohibited by camp policies, including, but not limited to, the use of alcohol and drugs, sexual harassment, & bullying.
5. Campers must not post pictures or videos of campers or employees on a Web site without obtaining written permission.

Any camper found to be in violation of any portion of this Internet, Social Networking and Blogging Policy will be subject to immediate disciplinary action, up to and including dismissal from camp.

MORNING DROP-OFF AT Camp Kingfisher

- You must escort your camper(s) into camp and check in with our administrative staff the first day of every session **even if you have already been to camp this summer.**
- There will be a separate (and well marked) line for camp families checking in who have already been to camp in 2010.
- Please escort all young campers (entering Kindergarten and 1st grade) into camp every day. Campers entering 2nd grade and higher, after their first day of camp, may be dropped off by the doors where a counselor will be outside to see him/her into the gym.

FIRST DAY CHECK-IN PROCEDURES FOR ALL CAMPERS

Check-in is between 8:00am and 9:00am on the first day of each session.

- Park in the main parking lot and enter the gym at the double green doors labeled “Camp Kingfisher”
- Once inside the gymnasium, go to the registration table. When you check in you will receive your:
 - Pick-up passes
 - T-shirt
 - Schedule for the session
 - Counselor biographies
 - Camper Expectations & Behavior Guidelines
 - Kingfisher Compass – our useful and helpful Monday morning newsletter

You will then be directed to your camper’s group where you will be greeted by his/her counselor(s).

DAILY CAMPER DROP-OFF PROCEDURES

Pre-care is from 8:00am – 8:45am

- We offer pre-care each morning for no additional charge.
- There is limited staffing in the gym during this time, please use this service only when needed.
- See below for drop-off details.

Regular camper Drop-off is from 8:45am to 9:00am each morning

- The gym is fully staffed at 8:45am.
- Please use the double doors labeled “Camp Kingfisher”
- Please escort all young campers (entering Kindergarten and 1st grade) into camp every day. You may park near the double doors labeled “Camp Kingfisher”
- Campers entering 2nd grade and higher, after his/her first day of camp, may be escorted in or dropped off by the doors where a counselor will be outside to see them into the gym.
- If you need to speak with camp staff, please park and walk in.

LATE DROP-OFF:

Between 9:00am and 9:15am

- We will be in “Opening Amoeba,” raising the flag, making announcements & singing silly songs.
- Please escort your campers into the gym and to their group.

After 9:15am

- Campers will be out and about at camp activities.
- Campers **must be escorted into the gym and to their group** by a parent or guardian – we will help you find the group.
- If you cannot find a camp staff member, please go to general admission and ask for assistance.

AFTERNOON PICK-UP AT Camp Kingfisher

In order to keep little lungs healthy and encourage parent to staff communication, **we do not have a carpool line.**

- We require parents, guardians, babysitters, grandparents or anyone else picking up campers to walk into the gym for pick up at the end of each day.
- Extenuating circumstances – We will make alternative arrangements if you are unable to walk into the gym. Please call Amy Bram, camp director, at 770.992.2055 x232.

PICK-UP PASSES & PHOTO ID

In order to maintain secure pick-up, we **require** that you present a **Camp Kingfisher Pick-up Pass or Photo ID** when you arrive for pick-up

- We will provide you with as many Pick-up Passes as you request. If you forget your pass, a Photo ID will suffice.
- Please **do not assume** that the staff supervising the door will recognize you and allow you to enter without a Pick-up Pass or Photo ID.
- In order to continue our camper supervision throughout the pick-up process:
 - If you leave your Pick-up Pass or Photo ID in the car, we will ask you to go and bring it in. If you are unable to make the round trip, you may return to the car and pull up to the door where we will check your Pick-up Pass or Photo ID and bring your child to you.
 - If you forget your Pick-up Pass and do not have a Photo ID the camp director will be contacted to assist you.

HALF-DAY CAMPER PICK-UP: 1:00PM – 1:10PM

- Park in the main parking lot and enter the back of the building near the basketball hoop. Follow the sign on the basketball hoop to the green door labeled “Half Day Pick-Up”
- Show your Pick-up Pass or Photo ID to the staff member at the door, they will sign your camper out on the clipboard.

REGULAR CAMPER PICK-UP: 4:00PM – 4:15PM

- Park in the main parking lot and enter the gym at the double green doors labeled “Camp Kingfisher”
- Please wait in the hallway until 4:00pm. At 4:00pm the doors will open to the pick-up table. There will be two lines, one for adults holding Pick-up Passes, the other for Photo ID.
- Show your Pick-up Pass or Photo ID, let us know who you are picking up and we will sign out your campers on the clipboard.
- Campers will be waiting at their bench with their counselors. This is a great time to hear about your campers’ day.
- If you can not pick up your camper by 4:15, he/she will join the after care program until you arrive.

AFTER-CARE: 4:15PM – 6:15PM

- Park in the main parking lot and enter the gym at the double green doors labeled “Camp Kingfisher”
- Show your Pick-up Pass or Photo ID, let us know who you are picking up and we will sign out your campers on the clipboard.
- You will be charged \$1 per minute after 6:15.

If you are signed up for after-care (on the Camper Health Form) and arrive early:

- Campers who are signed up for after-care will not be in the gym from 4:00pm – 4:15pm. They will be enjoying a game outside or in a classroom.
- Please see a staff member in the gym and they will retrieve your child from their after-care activity.

Camper Guidelines at Camp Kingfisher

In order to succeed at camp, every camper needs to make their best effort and follow camper guidelines. To facilitate this success, we provide you with these guidelines and expectations in advance.

Camper Expectations

- carry your water bottle
- drink water
- stay on the trails
- enjoy trees, do not climb them
- inside voices around animals
- respect for others, respect for materials & respect for self
- observe living things; do not touch, chase or pick them
- no violence
- no bullying (including name calling & teasing)
- keep your hands to yourself
- no bug juice in water bottles
- no running in the gym

Pool & Locker Room Rules

- No rough play (wrestling, chasing)
- No fooling around (screaming, running, poking)
- No teasing or bullying
- Yes, get changed as quickly as possible
- Yes, leave the locker room as soon as you are changed
- Yes, leave your stuff neatly in a pile, on a hook or in a cubby

When camper expectations are not met:

We all have tough days. On those days it can be hard to follow expectations and be a positive part of a group. We use the information provided by parents/guardians on the Camper Health Form and when campers have difficulty sticking with our expectations we take the following steps:

1. **Reminders and positive feedback** – every counselor helps campers to remember what is expected of them and gives positive feedback for good choices.
2. **Discussion of consequences** – when expectations are regularly not met, we explain the consequences of each camper's choices and give them another opportunity to succeed.
3. **Removal from the group** – a camper who cannot meet expectations and participate in the group is removed from the group for a short period of time (5 – 20 minutes depending on age). This "time-out" is supervised by a staff member and happens in a designated spot.
4. **Attention from an administrator** – serious problems (those not solved by steps 1 – 3) involve intervention. If an administrator intervenes; you will be notified at pick-up or receive a phone call at the end of the day. Administrators at camp include the camp director, assistant director and head counselors.
5. **Parent conference** – if behavior does not change the camper, counselor, administrator & parents will meet to discuss solutions.
6. **Contract** – in the rare case that behavior still does not change, the camper, counselor, administrator & parents will develop a behavioral contract.
7. **Dismissal from camp** – if a behavioral contract is broken the camper will be asked to leave camp and (hopefully) return the following summer making new and better choices.

If you have any questions about our strategies and systems, please contact Amy Bram, camp director, at (770) 992-2055 x232 or camp@chattnaturecenter.org.

Camp Kingfisher SPECIAL PROGRAMS 2010

FOR EVERYONE – Family Evenings at Camp

Activities: picnicking, canoeing, arts & crafts, live animal presentation, dusk hikes & singing

Time: 5:30 – 7:45 – feel free to arrive early & enjoy the nature center – bring a picnic dinner!

- Summer 2010 dates are Tuesdays June 8th, June 22nd, July 6th & July 20th.
- If you cannot attend the event during the weeks you are enrolled, please come on a different date.
- This event is for campers and their families, there is no limit to the number of people you can bring.

FOR EVERYONE – The Great American Backyard Campout

Gather family, friends and neighbors-- On June 26th, folks all across North America will come together in backyards, parks and camps to enjoy a night of star-gazing, listening for nocturnal wildlife and exploring a whole other world right in your backyard. The Chattahoochee Nature Center is part of this nation-wide event! We have a registered campsite. To see a map of campsites and to make the most of your night, check out www.backyardcampout.org.

Campout Details

Date: Saturday June 26th – Sunday June 27th

Time: 6:00pm Saturday – 10:00am Sunday

Place: The Chattahoochee Nature Center - RAIN OR SHINE

Price: \$15 per tent for Camp Kingfisher Families

If the event does not sell out we will open registration to CNC members on June 18th, 2010 at the cost of \$30 per tent.

What we provide:

A big meadow to sleep on
A campfire
Lots of nature
Marshmallows
Indoor bathrooms
Live animal presentations

What to Bring:

Picnic dinner
Picnic breakfast
Friends & family
Tent
Sleeping Bag
Pajamas
Flashlight
Toiletries
Extra shoes (in case yours get wet)
Rain jacket or poncho

Registration Form

Parent Name: _____

Camper Name: _____

Program Fee \$15 for Camp Families

Method of Payment: Check made payable to CNC # _____ Charge

Account # _____ Expiration Date _____

Signature _____ Security Code: _____

CANCELLATION & REFUND POLICY This program happens rain or shine. If this program is cancelled by us you will receive a full refund. If you wish to cancel your reservation, no refunds are allowed later than June 21st, 2010. For all cancellations made before the one-week deadline, \$5 will be retained by CNC. Refunds will be paid by check, please allow 4 – 6 weeks.

FOR CAMPERS ENTERING 4th – 9th GRADES IN 2-WEEK SESSIONS – Overnights

Barred Owls (in 2-week sessions), Great Horned Owls & Travel Program

- During the second week of each session there will be an overnight for campers only.
- The overnight is optional but campers may only attend during the session they are enrolled.
- On the first day of camp, you will receive a letter with the date, packing list, menu and schedule. Additional information is available on the website.