

# **Camp Kingfisher Activities**

## **Swimming**

Certified lifeguards supervise all swimming activities that are allowed only in our pool. Full-day campers swim every day and half-day campers swim four times per week, weather permitting. Beginning swimmers receive instructional swim two times per week and are supervised in the shallow end. Campers who successfully complete a deep-end swim test will be permitted to swim in the deep end. The swim test requires campers to swim across the pool without stopping or struggling and tread water for 60 seconds. Swim tests will be offered every Monday.

## **Canoeing on our Pond**

Canoeing is supervised by a trained instructor on a Chattahoochee Nature Center flat-water pond. Participants are required to wear personal flotation devices and children third grade and under are accompanied in the canoe by an LIT (teen naturalist in training).

Each week:

Screech Owls & Barn Owls (entering grades K - 3) canoe twice

Barred Owls & Great Horned Owls (entering grades 4 - 7) canoe 4 times

## **Canoeing on the Chattahoochee River:**

Campers in the Great Horned Owl program (grades 6 & 7) and the Travel Program (grades 8 & 9) will have additional opportunities to canoe on the Chattahoochee River. Each trip is led by a CNC certified Canoe Guide.

## **Team Building**

Team Building is led by a specialist who engages campers in problem-solving tasks designed to further develop their ability to work effectively in a group. Our various team building exercises and activities challenge campers to communicate and listen effectively, meet goals, and increase interdependence.

## **Arts and Crafts**

Arts and Crafts at Camp Kingfisher encourages campers to be creative and imaginative! We create and make a variety of arts and crafts which focus around each session's theme. Campers take simple items and ideas and transform them into unique masterpieces! Arts and Crafts allow campers to enhance their sense of self, learn new skills, and expand their artistic expression.

## **Science Exploration Activities (SEA)**

Our Science Exploration Activities (aka: SEA!) involve hands-on experiments, curriculum based games, and scientific studies which help to further illustrate the many connections and adaptations of our natural world. Each SEA is specifically designed towards each age group and session theme.

## **Electives**

Electives allow campers the chance to decide what activity they would like to participate in. Counselors plan activities in their personal areas of interest to allow campers to expand their horizons. Counselors present a variety of activities, both active and passive, and help campers prioritize between choices offered. Campers are then selected for one of their choices; which might include arts and crafts, field games, science experiments, or even some quiet reading time. Each full day camper group has electives twice a week for one 45 minute period.